

# HELPING AND GUIDING HANDS

## ANNUAL REGISTRATION

Please return this form with your remittance which is currently **£12.00**  
(cheques made payable to **Volunteer Bureau for Tendring**)

**Imperial House, Rosemary Road, Clacton-on-Sea CO15 1NZ**

Name.....

Address..... Post Code.....

Telephone Number..... Date of Birth.....

Relative or friend's name and telephone no. in case of emergency:

Name ..... Relationship.....Tel No.....

Do you have a Blue badge? Yes  No

If yes please take it with you on journeys, as it is useful when parking.

Registration Criteria – Please tick as appropriate:

Are you retired and receiving a state pension?

Do you have a disability?

(Please note that as a charity we do not own vehicles. Access will therefore be limited to the size and shape of an individual volunteer driver's own car – if you are a wheelchair user, please contact the office for further advice on the best way that we can help you).

How did you hear about Helping Hands?